

Qatar-UK Sport Education Conference

مؤتمر قطر - بريطانيا الرياضي التربوي

Date	4 February 2020
Time	08:00 am - 04:30 pm
Venue	Hilton Hotel - Nashira Ball Rooms
Chaired by	Youth Sport Trust International
Speakers	TBC

In February 2020, British Council Qatar will launch the Qatar Sport Education Conference that will bring together sport education experts from the UK and Qatar to participate in a full day conference. The conference will celebrate the UK's commitment to support Qatar's National Vision 2030 by considering how sports education practitioners and students can contribute to a healthier more inclusive society. It will draw parallels between both the UK and Qatari sectors and look towards greater collaboration and exchange for the future.

Objectives

- To create an opportunity for British and Qatari delegates to share best practice in sport education, health and wellbeing.
- To support Qatar's National Vision 2030 and Qatar's Health Strategy.
- To support inclusive societies and women and girls' participation in sport.
- To empower young leaders' participation in their community through sport.

Schedule

The conference will comprise keynote presentations and interactive sessions on the benefits of inclusive sport education and developing youth sport leadership skills.

Time	Sessions Schedule
08:00 – 08:30	Welcome and registration
08:30 – 9:30	Opening speeches: - British Council, announcing National Youth Sport Award - Ministry of Education and Higher Education - Inspirational talk by UK Olympian, Duncan Goodhew - Inspirational talk by a Qatari female sports leader
09:30 – 10:30	Session One: Creating a New Generation of Young Leaders
10:30 – 10:45	Break
10:45 – 12:00	Session Two: Physical Education and Healthy lifestyle
12:00 – 12:30	Prayer time and break
12:30 – 01:45	Session Three: Sport for all 1 - Encouraging women and girls' to be physically active
01:45 – 02:00	Break
02:00 – 03:30	Session Four: Sport for all 2 - How Sport can Impact on Inclusive Education
03:30 – 04:30	Conference ends and networking session

Sessions in detail

Creating a New Generation of Young Leaders

This session will focus on young people creating social change and will examine the impact that unified play can have on young people's leadership, happiness, kindness and confidence level. The session will:

- Be run by Youth Sport Leadership alumni sharing their experience and impact of programme on their lives.
- Develop short and long terms solution to engage young leaders in sport to change their lives through sport and physical activities
- Examine tools and resources in an inspiring and effective way, which will have a major impact on young leaders' communities.

Physical Education and Healthy lifestyle, challenges, solutions and how physical activity can benefit attainment in core subjects?

The session will provide a platform for exploring contemporary topics in areas such as inclusive physical education, healthy lifestyle and youth leadership. It will look at:

- How sport can contribute to young learners' academic achievement and provide tools to achieve social impact by using sport, play and physical activity.
- Explore school-based health and wellbeing strategies and their impact on learning.

Sport for All 1 - Encouraging women and girls' to be physical active

This session will explore opportunities to reduce drop off in girl's participation that occurs during the transition from primary to secondary school. It will examine:

- How schools and girls are stepping up for change
- How to inspire women and girls by exploring ways to make sports education more inclusive.
- How women and girl should be supported to see sport as positive and aspirational
- Specific challenges and possible solutions in these areas.

Sport for All 2 - How Sport can impact on Inclusive Education (Interactive session)

This session will look at how sport is about connecting people disregarding any differing appearance or mindset. How it combines the best of education, interaction and exchange, friendship and entertainment.

- How the Youth Sport Leadership scheme can promote inclusive sport
- How to include able and differently able young learners in PE classes

